

WEEK SIX

VARSITY A

Player of the Week: Catherine Rodriguez, Lake Sammamish

Tuesday April 17th, 2007

Roosevelt at Overlake

Roosevelt continues to fight their way up the ladder as they get a 17-8 win over Overlake, bringing their record to 4-3. Despite a tough defensive effort by Overlake and a close number of shots made by both teams, Overlake was unable to take the lead.

Roosevelt's Madeline Grose took charge and netted six goals for the Roughrider attack, while teammate Caitlin Mills added four goals and two assists. Alison Crabb, Frannie Hemmelgarn and Olivia Hull each scored two, and Angie Anderson put in one. Additional single assists were made by Hemmelgarn, Hull and Hayley Winninghoff. Hemmelgarn also controlled four draws and dug up five. Anderson forced three turnovers; Lori Sako had five ground balls. Goalie Elisabeth Berget saved 11.

Overlake's Kate Stinson led her team across the field with four goals, an assist, four draws and five caused turnovers. Single goals were scored by Lizzie Cohen, Allison Havran, Claire Kreuger and Emily Warden. Defensively, Linnea Xuereb forced five turnovers and dug up four, while Cohen, Megan Halbrook and Alex MacKenzie also forced three turnovers a piece. Halbrook and Mackenzie also dug up five ground balls each.

Wednesday April 18th, 2007

Roosevelt at Mercer Island

In an exceptionally close game, Mercer Island barely held on to the lead over Roosevelt to clench the game 10-9. Roosevelt was looking to take their team above to .500 mark, while Mercer Island was trying to hold on to their 8-1 record.

Caroline Mahoney led the attack effort with three goals and an assist, in addition to controlling three draws, forcing two turnovers and digging up four. Scoring exactly three goals in a game for the seventh time this season, Mercer Island's Caroline Gallup continues to be a force for the Islander attack. Mallory Larson added two more goals and an assist, while Erin Gibson netted one and Laura Maruhashi contributed a single assist. Defensive standout Tiffani Louie forced three turnovers and controlled three draws. Lisa Blau-Elliott, Gallup and Christina Neary also dug up four ground balls a piece.

Roosevelt's Caitlin Mills rocketed in five goals to keep her team in the running, while Frannie Hemmelgarn netted three and provided two assists in addition to cleaning up around the field with five draws, two turnovers and a game high six ground balls. Madeline Grose put in a single goal and gave an assist. Angie Anderson helped her team maintain ball possession with five ground balls, while Abby Neel dug up four.

Forest Ridge at Overlake

In a meeting between third in the East, Forest Ridge, and fourth, Overlake, Forest Ridge sealed the victory 15-3.

Nisa McCormick-Orozco took over the Forest Ridge attack with five goals, while Maddy Phillips stepped right up with four and Jillian Chong netted three goals and two assists. Annie Saunders put in two, while Malena Harrang added two assists to her single goal. Harrang led the overall draw with six, and Caroline Beyer, McCormick-Orozco and Phillips forced two turnovers each.

Overlake's three goals were split between Megan Halbrook, Allison Havran and Kate Stinson. Havran and Stinson also contributed one assist each. Alex MacKenzie led the defense with three forced turnovers and four ground balls, while Linnea Xuereb helped with two turnovers and seven ground balls.

Lake Sammamish at Seattle Prep

Seattle Prep carried their intense momentum from their Western States tournament championship into their game against Lake Sammamish, but they were unable to take the victory. Prep scored the first goal of the game and quickly jumped to a two goal lead, but then Lake Samm answered back with two to tie the game. Prep scored again, and Lake Samm answered back, tying the game again at 3-3. The battled continued with Seattle Prep scoring and Lake Samm answering back to tie the game. Lake Samm finally jumped ahead in the last four minutes for a halftime score of 7-5. The second half began with an early goal by Lake Sammamish. About five minutes in, Seattle Prep scored, bringing the game to 8-6. Lake Sammamish scored again, and this time it was about seven minutes before the Rebels answered back, putting the score at 9-7. Lake Samm put in two more goals before Prep scored again. The score was 12-8 going into the last two minutes when Prep turned up the heat and rocketed in three goals in two minutes for a late, but unsuccessful, attempt to take the lead. Lake Sammamish won 12-11.

Catherine Rodriguez dominated the field, scoring a season high seven goals and adding two assists along with eleven ground balls, five forced turnovers and two draw controls. Senior attack Jessica Wang added a goal and three assists, while remaining goals were scored by Courtney Allen, Melissa Lorentson, Kylie Neale and Meagan Wehe. Wehe also contributed one assist and two forced turnovers. Defender Ashley Bergsma dug up seven ground balls and forced one turnover, while Lorentson dug up five. Madeline Simon controlled two draws and forced two turnovers. Goalie Julia Defriel saved 14.

Prep's Cassedy O'Neill was unstoppable with six goals and six ground balls. Anna Timberlake added two more goals and an assist, while Annie Hunter, Maddie Ferguson and Natalie Ceis each scored one. Lauren Murray contributed two assists, forced two turnovers and dug up seven, while single assists were made by Sydney Dahl, Laura Hagen and Cait Slack. Defensive standout Sarah Babich forced a game high six turnovers and dug up ten ground balls, and Taylor Green followed suit with seven forced turnovers and six ground balls. Hannah Smith added four more turnovers and three ground balls.

Holy Names at Bainbridge

Holy Names was unable to reach their .500 mark in the game against Bainbridge, losing 14-9, and keeping Bainbridge in solid second for the West division.

The Bainbridge attack was led by Natalie Evans with four goals, and Sydney Whitaker and Lucy Schlessner who each netted three goals and an assist. Mariah Walk added two more, while Sally Baumgartner scored one goal and contributed two assists. Sarah Shea added a single goal and assist. Defensive standout Rachel Harmon was a force to be reckoned with, causing six turnovers and digging up five, followed closely by Walk, who forced five and dug up three in addition to controlling two draws. Baumgartner also made herself known with four draws controls, three forced turnovers and a game high seven ground balls. Gulbranson added three turnovers and Mary Vasta dug up four.

Victoria Maxon slammed in three goals and added an assist in addition to controlling three draws, forcing a turnover and digging up three ground balls. Delaney Larkin also netted three goals, while Elise Becker added a single goal and two assists and Aubrey Giordanno and Megan Mccaslin each netted one. Alicia Patten, Annie Rockrock, Jordyn Seni and Katrina Villanueva each forced two turnovers. Sally Norris scooped up five ground balls and Mccaslin nabbed four.

Thursday April 19th, 2007

North Kitsap at Lakeside

North Kitsap not only had to play defending champions Lakeside, but they had to do it at Lakeside with an 0-7 record. They may have lost, 15-2, but they came away victorious. As coach Val Torrens states "This game felt good to the team because they... started to play as one"

It took about 5 minutes before Lakeside scored the first of its nine goals in the first half against NK. A timeout was called a little later by Lakeside as North Kitsap was playing some tough defense and keeping their scoring down. The timeout worked as Lakeside then started to put the points on the board. Lakeside held North Kitsap scoreless for the first half. The second half saw North Kitsap continuing to hang tough. North Kitsap scored finally scored their first, and only, two goals of the game while continuing to keep Lakeside scoreless during the first 15 minutes. Lakeside called another timeout and then came back to score 6 goals in the remaining 10 minutes.

Lakeside's Morgan Merriman smashed in five goals in addition to controlling three draws and forcing two turnovers, while Ellen Fitzharris netted three goals and produced two assists and dug up five. Lucy Williams and Ellie Crutcher scored two each, and Gracie Binder added three assists to a single goal. Remaining single goals were made by Victoria Verstegan, Katrina Carlsen and Gracie Binder. Lauren McAndrews made a whopping five assists and Sylvia Warren and Brett Eisenhart each contributed one. Defensively, Kathleen Gill and Margot Malarkey dominated with three forced turnovers and four ground balls a piece. Warren also controlled three draws.

North Kitsap goals were scored by Kelsey Krasas with an assist from Camille Henry and Kaitlin Ferland with an assist from Krasas. Leah Seim-Brown forced three

turnovers and controlled two draws. Goalie Nicole Ramirez was on fire garnering 22 saves against Lakeside.

Friday April 20th, 2007

Mercer Island at Overlake

Preserving their winning record, Mercer Island defeated Overlake 15-5.

The Islander attack was lead by Caroline Mahoney with four goals and two assists, followed by Caroline Gallup and Jennie Jobe with three goals each. Erin Gibson earned four game points with one goal and three assists in addition to controlling three draws, forcing three turnovers and digging up four. Laura Maruhashi netted two, while Victoria Bachman and Tiffani Louie each added single goals and assists. Louie also controlled four draws, forced two turnovers and led her team in ground balls with five. Lauren Ito contributed two assists. Goalie Jessica Swarts saved 6.

No statistics currently available for Overlake.

Holy Names at Seattle Prep

Seattle Prep avenged their earlier season loss to Holy Names by defeating Names this time 11-5, thus putting the two teams in a tie for fourth place and racing to knock Roosevelt out of the playoff standing.

Prep's Cassedy O'Neill scored three goals and dug up an incredible game high ten ground balls in addition to controlling two draws and forcing two turnovers. Teammates Laura Hagen and Lauren Murray each added two goals and an assist, while single goals were netted by Caitlin Moorleghen, Cait Slack, Cat Snider and Melissa Verrilli. Prep clearly dominated the field with a combined 32 forced turnovers and 80 ground balls. Turnover leaders included Sarah Babich and Taylor Green with four each, while ground ball leads included Melissa Verrilli with eight and MK Downer and Laura Hagen with seven. Goalie Kerry Swendt dominated the cage and saved 14 for 74% saves.

Two players carried the attack for Holy Names... Elise Becker with three goals and Victoria Maxon with two. Aubrey Giordanno added a single assist. Maxon also helped her team around the field with four draw controls, two forced turnovers and five ground balls. Defensively, Katrina Villanueva forced three turnovers and Alicia Patton dug up six.

Bellevue at Lake Sammamish

Coming off their too close for comfort win over Seattle Prep, Lake Sammamish defeated Bellevue 23-3 on Friday.

Lake Sammamish's Catherine Rodriguez scored five goals and contributed three assists along with controlling thirteen draws, forcing three turnovers and digging up four ground balls in their win over Bellevue. Jessica Wang also netted five goals and dug up five, while Courtney Allen added three goals and two assists. Madeline Simon put in two goals and contributed two assists, followed by Grace Reid and Kaitlin Carleton with two goals a piece. Carleton also forced three turnovers and controlled two draws, and sister Jenna Carleton dug up four ground balls.

No statistics currently available for Bellevue.

VARSITY B

Player of the Week: Meghan Woodard, Tacoma

Tuesday April 17th, 2007

Nathan Hale at Snohomish

In a close and low-scoring game with an even number of shots by both teams, Snohomish defeated Nathan Hale 6-4.

Snohomish's Mikaela Trott netted two goals and produced an assist, while single goals were scored by Devynn Barela, Sarah Courtney, Hannah Price and Hannah Whipple. Price forced a game high six turnovers in addition to controlling two draws and digging up four. Natalie Siderius also controlled two draws and dug up three along with Trott and Whipple. Barela also contributed an assist and Kate Bratz forced two turnovers. Goalie Daniele Bergquist saved the cage and the day by stopping 14 of 18 shots for a 78% saves.

Corey Milinovich and Lara Sidhu led the attack for Nathan Hale, splitting the goals with two a piece. The Nathan Hale defense was tough, led by Isabel Harbaugh with five forced turnovers and six ground balls, followed by Hannah LaCroix with three turnovers and eight ground balls. Isabelle Burke also forced three. Goalie Amy Brownell saved 12.

Tacoma at Mercer Island

Tacoma defeated Mercer Island 17-7.

Anna Callaghan led the Tacoma attack with four goals and two assists. Ali Jensen followed with four game points split between two goals and two assists, while Alia Malo and Anna Holcomb netted three each. Rachel Bellamy added two more. Goalie Meghan Woodard controlled the cage with 18 saves for a 72% finish.

Talia Homchick put in three for the Islander attack, followed by Hannah Bahn with two and single goals by Ellen Haas and Catherine LaPlant. Haas also cleaned up the field with seven draw controls, three forced turnovers and two ground balls. LaPlant added three more forced turnovers and three ground balls, while Bahn made two controls, two turnovers and four ground balls.

Wednesday April 18th, 2007

Garfield at Bainbridge

Garfield lost to Bainbridge for the second time this season, but this time Bainbridge held them further at bay, winning 12-2.

Bainbridge's Nikki Liljeblad scored three goals and made two assists to keep the Islander's in the lead. Teammates Angela Failla, Cheyenne Fredrichs, Annique Rice and Joanna Shea each added two goals, while Elizabeth Evaul, Ariel Jujar and Kelly

MacWhorter scored single goals. Hujar also contributed two assist, in addition to two forced turnovers and five ground balls. Shea helped out defensively with three forced turnovers and three ground balls, while Samantha Braun dug up six. Goalie Lacey Carlson saved six.

Garfield's two goals were split between Natalie Merrill and Colleen Parker. Merrill also dominated on the field with eight ground balls, three forced turnovers and three controlled draws followed closely by Ashlan Regenstreif-Harms who dug up seven and forced two turnovers. Sydney Stochl also dug up seven.

Thursday April 19th, 2007

Snohomish at Tacoma

Tacoma found their second win of the week against Snohomish with an 8-5 victory, raising Tacoma to a record of 4-1, while putting Snohomish at 4-2.

Caitlin White led her team with three goals, and assist, six draws controls, four ground balls and a turnover. Blair Callagahn added two more goals and an assist, while single goals were made by Anna Callaghan and Anna Holcomb. Ali Jensen helped her attack with three assists and Rachel Bellamy contributed one. Goalie Meghan Woodard conquered the cage and saved 14 for 74% saves.

Snohomish's attack was a shared effort between Sarah Courtney, Sayre Creighton, Calista Kline, Natalie Siderius and Hannah Whipple, who scored one goal a piece. Mikaela Trott helped out with two assists. Defensively, Alyssa Retallick led the way with three forced turnovers and five ground balls, followed closely by Hannah Price with two forced turnovers and five ground balls in addition to controlling two draws. Goalie Danielle Bergquist also forced three turnovers from the cage, while saving 15 of 23 shots.

Lakeside at Eastside Catholic

Lakeside defeated Eastside Catholic 11-4.

Sadie Mackay took control of the game for Lakeside, netting five goals. Temmates Molly Levine and Lauren Blake-Whitney added two more each, while single goals were made by Sarah Pollnow, Kate McCaw and Emmy Armintrout. Levine also made an assist and dug up three ground balls. Madeline Barnes led the defense with three caused turnovers, while Kyra Ray forced two and dug up three.

Snohomish's Christine Carlton netted two goals, Lauren Pomeroy one and Kate Surhbier one. Alex Iani added an assist to two forced turnovers and four ground balls. The defensive effort was led by Beth Adan with three caused turnovers and six ground balls, followed by Pomeroy with two turnovers and six ground balls. Goalie Trina Hostak fended off 20 of 31 shots.

Nathan Hale at Maple Valley

Nathan Hale recovered from their loss earlier in the week to defeat Maple Valley 10-4.

Corey Milinovich led the attack effort with four goals, while Isabel Harbaugh followed with three. Single goals were scored by Theresa Heineky and Lara Sidhu. Harbaugh also led the defensive effort with an incredible eight forced turnovers and six ground

balls. Kim Roberts caused six turnovers, Tessa D'Alessandro forced five and dug up three and Isabelle Burke forced four and dug up five. Mari Carmichael controlled four draws in addition to an assist, two turnovers and four ground balls. Goalie Amy Brownell saved seven of eleven shots.

Friday April 20th, 2007

Curtis at Eastside Catholic

Curtis handed Eastside Catholic their second loss of the week and third straight loss overall in a 9-5 victory over Eastside.

Curtis' Eleni Johnson was a force on attack, smashing in five goals in addition to controlling two draws, forcing two turnovers and digging up three. Jessika Carlstrom added two more goals along with two draws, while Kaori Parker and Janeth Molina each scored once. Assists were made by Parker (2), Kim Abalahin (1) and Sabrina Smith (1). Abalahin also led the defensive effort with four caused turnovers and five ground balls, followed by Monica Paulson with four turnovers and two ground balls. The job in the cage was shared by Casey Goehler and Julia Lee. Goehler saved 3 of 4 and Lee saved 6 of 10 shots.